**BICYCLE**

**Can you guess the meaning of the following words?**

wheel

tire

rim

spoke

pedal

stand

chain

gears

frame

brake

saddle

water bottle

fork

handlebars

Why is a bicycle called a bicycle?

What do you know about the invention of the bike? Why was the invention so important?

How useful are bicycles?

Can you ride a bike? If so, when did you learn? Was it easy? What are your memories of learning to ride a bicycle?

Have you got a bike? If so, how often do you use it? Where do you keep it? How much maintenance does it need? What sort of bike is it? How many gears does it have?

What are the advantages of a bicycle over a car?

Do you think bicycles will be used more or less in the future?

Is our country a bicycle-friendly country?

Have you injured yourself falling off of a bicycle?

Have you had any bicycle adventures?

Have you ever had your bicycle stolen? How did you feel? Was it securely locked?

Do you need a bicycle?

What extra features or functions would be helpful for a bicycle?

Do you think people will ever stop using bicycles?

Have you ever ridden racing bikes, mountain bikes, bmx bikes or other recreational bikes?

What do you think about electric bikes?

Do you think other cyclists are dangerous?

Do you think governments should require people to pass a cycling proficiency test before being allowed to ride a bicycle on roads?

Should cyclists always wear protective gear?

What are the disadvantages of bicycles?

How dangerous do you think cycling is? Why?

Where you live, do many people cycle to school/work or is cycling mainly a weekend leisure activity?

How many kilometres of cycle lanes are there where you live?

Have you ever gone on a cycling tour/holiday? Where did you go? How long for? How many kilometres did you do a day? In total? Who did you go with? Where did you stay? Would you do it again? Why/why not?

How quickly can you repair a puncture/replace the inner tube?

**Video – Cycling**

1. What are the two main points Randall explains in the video about cycling?

A. cost savings and healthy lifestyle
B. proper attire and shoes
C. riding gear and safety

2. A key point Randall mentions is that you should \_\_\_\_\_\_\_\_\_\_\_.

A. know how to use your equipment before you ride
B. buy the proper bike for your particular riding needs
C. wear a safety vest while riding your bike

3. What does Randall suggest about having lights for your bike?

A. Buy red lights so people can see you better.
B. Put lights on the front and back of your bike.
C. Get blinking lights that attract drivers' attention.

**Read these statements about cycling. Do you agree or disagree? Try to explain your reasons.**

• Cycle helmets should be compulsory.

• All towns and cities should have cycle paths.

• Car drivers should be encouraged to start cycling.

• Cyclists are really annoying for car drivers!

• Cyclists should have to pass an exam before they use the roads.

• Cars should be banned!

• Bicycles should be banned!

• Bicycles should be cheaper or even free.

***The Invention of the Bicycle***

Long ago in (1)\_\_\_\_\_\_\_\_\_\_, Leonardo da Vinci drew a design for the modern bicycle. But the first person to make a bicycle was (2)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in 1839. He lived in (3)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, so people didn’t hear about his invention for a long time. Twenty years later, another bicycle came from (4)\_\_\_\_\_\_\_\_\_\_\_\_. In (5)\_\_\_\_\_\_\_\_\_\_\_\_\_ the bike became cheap and everyone could have one. People, especially women, could travel to the next town. It helped them find (6)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Write down the questions:

1)

2)

3)

4)

5)

6)

Cycling is becoming very popular I think in many parts of the world, including where I live, and there are a couple of things you have to consider: number one, the right equipment, and number two, being cautious as you cycle.

So, in terms of equipment, you want to have a bike of course, you want to have a proper helmet, uh lights on the front and back of the bike, uh tool kit, and also, you might want to carry a portable pump and a CO2 cartridge, but make sure you know how to use them before you go out on the road. You don't want to try to experiment the first time when you're out there with a flat.

And the other thing is, is that you want to be cautious. In other words, know your abilities. You want to make sure that you drive carefully, or in other words, cycle carefully, make sure that you as you have proper gear that you are riding in the right direction, and don't go too fast. Make sure you ride within your limits.