**I can’t believe my eyes**

be farsighted

be shortsighted (nearsighted)

squint (v)

an astigmatism

wear contact lenses (contacts)

wear glasses

bifocals

optometrist - eye doctor

have laser surgery

pupil

iris

cornea

eye ball

eye lid

eyelashes

eyebrows

How good is your eyesight?

What do you think of wearing glasses?

Which are better, glasses or contact lenses?

Why are people from some countries more short-sighted?

What problems does near-sightedness cause?

What problems does far-sightedness cause?

How can we take better care of our eyes?

Why do you think more and more people have failing eyesight?

Are you worried about your eyesight worsening?

Do you spend too long looking at screens?

Would it be easy for you to spend more time outdoors?

Should children be made to spend more time outdoors?

How good is your lifestyle for your eyes?

What other things are affecting our eyesight, besides screens?

**Half of world population will be short-sighted**

focusingcasespublishedtroubletermsurveysufferpopulation

Researchers predicted in a new report (1) \_\_\_\_\_\_\_\_\_\_\_\_ in the journal Ophthalmology that by 2050, half of the world's population will be short-sighted. The medical (2) \_\_\_\_\_\_\_\_\_\_\_\_ for this condition is myopia. It is also known as near-sightedness. It is when we have difficulty (3) \_\_\_\_\_\_\_\_\_\_\_\_ on objects that are far away from us. The researchers say that around 4.8 billion people will (4) \_\_\_\_\_\_\_\_\_\_\_\_ from myopia. This is a seven-fold increase in (5) \_\_\_\_\_\_\_\_\_\_\_\_ from 2000 to 2050. Sixty years ago, around 15 per cent of the Chinese (6) \_\_\_\_\_\_\_\_\_\_\_\_ was short-sighted. Now, almost 90 per cent of Chinese teenagers and young adults have (7) \_\_\_\_\_\_\_\_\_\_\_\_ seeing faraway objects. A recent (8) \_\_\_\_\_\_\_\_\_\_\_\_ found that up to 95 per cent of teenagers in South Korea are near-sighted.

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The researchers said they could not pinpoint (9) \_\_\_\_\_\_\_\_\_\_\_\_ reasons for this phenomenon and say it could be a combination of (10) \_\_\_\_\_\_\_\_\_\_\_\_. They did say that looking at computer screens and mobile phones could be a leading (11) \_\_\_\_\_\_\_\_\_\_\_\_. Researchers said the sudden rise in myopia may be (12) \_\_\_\_\_\_\_\_\_\_\_\_ to "lifestyle changes resulting from a combination of decreased time (13) \_\_\_\_\_\_\_\_\_\_\_\_ and increased near-work activities". Science journalist Sarah Zhang said, "spending time outdoors, especially in (14) \_\_\_\_\_\_\_\_\_\_\_\_ childhood, reduces the onset of myopia". Professor Kovin Naidoo, a co-author of the report, offered some (15) \_\_\_\_\_\_\_\_\_\_\_\_. He said: "You could spend a long time reading computers and screens, but also (16) \_\_\_\_\_\_\_\_\_\_\_\_ two hours outdoors."

1. What kind of publication was the report published in?
2. What is the medical name for short-sightedness?
3. How many people will be short-sighted by 2050?
4. When was it that 15% of the Chinese population was short-sighted?
5. In which country are almost 95% of teenagers near-sighted?
6. What could researchers not pinpoint regarding this phenomenon?
7. What has decreased because of lifestyle changes?
8. What is Sarah Zhang's job?
9. When do people particularly need to spend time outside?
10. How many hours did the co-author say people should spend outside?

EYE IDIOMS – MATCH:

**a sight for sore eyes** I have taken more food than I can eat.

**another pair of eyes** something you are happy to see

**Somebody is the apple of my eye**. to watch someone

**black eye** something is easy to do

**I can’t take my eyes off somebody.** totally aware of what’s going on

**cry eyes out** to seem to be able to see what is going on behind or outside of one’s field of vision

**have eyes in the back of one’s head** a bruise

**My eyes are bigger than my stomach.** to be extremely unhappy

**keep an eye on someone** another person to examine something closely

**more than meets the eye**  Someone is very treasured.

**be able to do something with one’s eyes closed** I can’t stop looking at somebody.

**with eyes wide open** more interesting or complicated than appears at first

**SONG: CAN’T TAKE MY EYES OFF YOU**

**Order the lines**

\_ You'd be like Heaven to touch

\_You're just too good to be true,

\_Can't take my eyes off you.

\_You're just too good to be true,

\_ I wanna hold you so much.

\_ And I thank God I'm alive.

\_ Can't take my eyes off you.

­ At long last love has arrived

**Fill in the missing words:**

Pardon the way that I stare. There's \_\_\_\_\_\_\_\_else to \_\_\_\_\_\_\_.

The \_\_\_\_\_\_ of you leaves me weak There are no words left to \_\_\_\_\_\_\_\_,

But if you\_\_\_\_\_ like I feel, Please let me \_\_\_\_\_\_ that it's real.

You're just too \_\_\_\_\_\_ to be true. Can't take my eyes off you.

**Chorus: (find 6 differences)**

I love you, baby, and if it's quite OK,

I need you, baby, to cool a lonely night.

I love you, baby.  
Believe in me when I say:  
Oh, crazy baby,  
Don't bring me up, I pray.  
Oh, pretty baby, now that I have you, stay  
And let me love you, baby.  
Let me love you.