**I can’t believe my eyes**

be farsighted

be shortsighted (nearsighted)

squint (v)

an astigmatism

wear contact lenses (contacts)

wear glasses

bifocals

optometrist - eye doctor

optician

have laser surgery

dioptre

pupil

iris

cornea

eye ball

eye lid

eyelashes

eyebrows

What colour are your eyes?

Do you know anybody who has each eye different?

How good is your eyesight?

How often do you go to an eye doctor?

What do you think of wearing glasses?

Which are better, glasses or contact lenses?

Would you consider laser surgery?

Why are people from some countries more short-sighted?

How do you take care of your eyes?

What do you do when your eyes are tired?

Why do you think more and more people have failing eyesight?

Are you worried about your eyesight worsening?

Do you spend too long looking at screens?

**Half of world population will be short-sighted**

Researchers **predicted** in a new report published in the journal Ophthalmology that by 2050, half of the world's population will be short-sighted. The medical term for this condition is myopia. It is also known as near-sightedness. It is when we have difficulty **focusing** on objects that are far away from us. The researchers say that around 4.8 billion people will suffer from myopia. This is a **seven-fold** increase in cases from 2000 to 2050. Sixty years ago, around 15 per cent of the Chinese population was short-sighted. Now, almost 90 per cent of Chinese teenagers and young adults have trouble seeing faraway objects. A recent survey found that up to 95 per cent of teenagers in South Korea are near-sighted.

The researchers said they could not **pinpoint** definite reasons for this phenomenon and say it could be a combination of factors. They did say that looking at computer screens and mobile phones could be a leading cause. Researchers said the sudden rise in myopia may be linked to "lifestyle changes resulting from a combination of decreased time outdoors and increased near-work activities". Science journalist Sarah Zhang said, "spending time outdoors, especially in early childhood, reduces the **onset** of myopia". Professor Kovin Naidoo, a co-author of the report, offered some advice. He said: "You could spend a long time reading computers and screens, but also spend two hours outdoors."

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1. What kind of publication was the report published in?
2. What is the medical name for short-sightedness?
3. How many people will be short-sighted by 2050?
4. When was it that 15% of the Chinese population was short-sighted?
5. In which country are almost 95% of teenagers near-sighted?
6. What could researchers not pinpoint regarding this phenomenon?
7. What has decreased because of lifestyle changes?
8. What is Sarah Zhang's job?
9. When do people particularly need to spend time outside?
10. How many hours did the co-author say people should spend outside?

EYE IDIOMS – MATCH:

**Somebody is the apple of my eye**. I have taken more food than I can eat.

**another pair of eyes** to watch someone

**black eye** something is easy to do

**I can’t take my eyes off somebody.** more interesting or complicated than appears at first

**cry eyes out** to seem to be able to see what is going on behind or outside of one’s field of vision

**have eyes in the back of one’s head** a bruise

**My eyes are bigger than my stomach.** to be extremely unhappy

**keep an eye on someone** another person to examine something closely

**more than meets the eye**  Someone is very treasured.

**be able to do something with one’s eyes closed** I can’t stop looking at somebody.

**SONG: CAN’T TAKE MY EYES OFF YOU**

**Order the lines**

\_ You'd be like Heaven to touch

\_ You're just too good to be true,

\_ Can't take my eyes off you.

\_ You're just too good to be true,

\_ I wanna hold you so much.

\_ And I thank God I'm alive.

\_ Can't take my eyes off you.

\_ At long last love has arrived

**Fill in the missing words:**

Pardon the way that I stare. There's \_\_\_\_\_\_\_\_else to \_\_\_\_\_\_\_.

The \_\_\_\_\_\_ of you leaves me weak There are no words left to \_\_\_\_\_\_\_\_,

But if you\_\_\_\_\_ like I feel, Please let me \_\_\_\_\_\_ that it's real.

You're just too \_\_\_\_\_\_ to be true. Can't take my eyes off you.

**Chorus: (find 6 differences)**

I love you, baby, and if it's quite OK,

I need you, baby, to cool a lonely night.

I love you, baby.  
Believe in me when I say:  
Oh, crazy baby,  
Don't bring me up, I pray.  
Oh, pretty baby, now that I have you, stay  
And let me love you, baby.  
Let me love you.