# Tic Tic Tic…

## vocabulary and phrases to learn

multi-task

waste time

plan a schedule

on time

meet a deadline

save time

spend time

free time

punctual

fast-moving times

pace of life

be late

procrastination

## 

## Which of the following statements do you agree with? Discuss your opinions.

1. I believe that it is very important to be punctual.
2. I sometimes run late because of traffic, or if public transport lets me down.
3. I plan my time to make sure that I never arrive late for classes.
4. If I know I’m going to be late, I always phone and leave a message.
5. I sometimes get annoyed when other people arrive late and disrupt lessons!
6. I find it hard to catch up if I miss the start of a lesson.
7. I’m not very organised. I sometimes forget appointments!
8. I find it hard to manage my time, because I have so much to do!
9. Everybody runs late sometimes. It’s no big deal!

## Answer the following questions

1. Do you think that punctuality and perception of time varies with different cultures?
2. Do you have any experiences with different time cultures to yours?
3. According to the social psychologist Robert Levine, the cultures can be divided into those who live on ‘event time’ and a ‘clock time’. Can you guess what makes the difference? Try to explain it.
4. Do people in your country live on ‘event time’ or ‘clock time’?
5. Would you like to live in a country with different time culture to yours?

Complete the phrases in bold with suitable prepositions and match them to their definitions below**.**

after at (x2) by for in (x2) on

1. The doctor told me to rest at home ………… **the time being**.

2. He can get a bit annoying ………… **times**.

3. ………… **the time** we were ready to leave, it had started to rain.

4. They entered the building, **one ………… a time**.

5. When we arrived, the match hadn't quite started yet. We got there **just ……………. time**.

6. He makes the same mistakes **time ……………. time**. He'll never learn.

7. He arrived just a few minutes after I called him. He got here **……………. no time**.

8. We're going to be late again. The bus is never **………………. time**!

a.for the moment

b. in single file

c. not late, with a little time to spare before a specific deadline

d. occasionally

e. punctual, neither early nor late

f. repeatedly

g. very quickly

h. when

## Questions before you read:

1. What does ‘multitasking’ mean?
2. Do you multitask?
3. Why do you think people tend to multitask?
4. Do you think that multitasking is efficient?

|  |
| --- |
| **What is going on in our brains when we multitask?**  The interesting part is that our brains can't multitask at all. If we have lunch, 5 Facebook chat windows open and also try to send off an email, it isn't that our brain focuses on all these activities at the same time.  Instead, multitasking splits the brain. It creates something researchers have called "spotlights". So all your brain is doing is to frantically switch between the activity of eating, to writing an email, to answering chat conversations.  …  What's more is that Clifford Nass, a researcher at Stanford assumed that those who multitask heavily will nonetheless develop some other outstanding skills. He thought that they will be amazing at 1. filtering information, 2. being very fast at switching between the tasks and 3. keeping a high working memory.  He found that none of these 3 points are true:  We were absolutely shocked. We all lost our bets. It turns out multitaskers are terrible at every aspect of multitasking.  People who multitask a lot are in fact a lot worse at filtering irrelevant information and also perform significantly worse at switching between task, compared to singletaskers.  Source: https://lifehacker.com/how-to-activate-night-shift-and-apples-secret-invert-1818590859 |

## Reading comprehension

1. Is multitasking efficient or is it a waste of time?
2. What happens to our brain when we multitask?
3. Does multitasking at least contribute to developing of other skills?

## A few more questions for the discussion:

1. Are you good at time management?
2. Do you plan a schedule for each day or do you think it’s a waste of time?
3. Do we live in fast-moving times?
4. What might be the negative causes and effects of the fast pace of modern life?
5. Can you explain what procrastination means?
6. Do you procrastinate?
7. How to stop procrastination?
8. What do you think you spend most of the time doing in a week?
9. Do you think you have enough free time?
10. If you had more free time how would you spend it?

## Time In A Bottle by Jim Croce

If I could (1)\_\_\_\_\_\_\_\_ time in a bottle   
The first thing (2)\_\_\_\_\_\_\_\_ I‘d like to do   
Is to save (3)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ till eternity passes away   
Just to spend them (4)\_\_\_\_\_\_\_\_ you   
If I could make days last forever   
If words could make wishes come true   
I'd save everyday (5)\_\_\_\_\_\_\_\_ a treasure   
And then again I would spend (6)\_\_\_\_\_\_\_\_ with you   
But there never seem to be enough time   
to do the (7)\_\_\_\_\_\_\_\_\_\_\_\_ you want to do   
Once you've (8)\_\_\_\_\_\_\_\_\_\_ them   
I've looked around enough to know   
That you're the one I want to go through the time with   
If I had a box   
just for wishes and dreams that had never come true   
The box would be empty   
Except for the memory of how they were answered by you   
But there never seem to be enough time   
to do the things you want to do   
Once you've found them   
I've looked around enough to know   
That you're the one I (9)\_\_\_\_\_\_\_\_ to go through the time with